



March 2021

Idaho SANE/SART Update

... improving access to standardized care
for the sexual assault patient in the
state of Idaho



Evidence Pearls

A Change in Collection!

After conversation with Biology/DNA staff at the State Crime Lab we are making a change in the recommendation for kit collection with patients who have experienced digital penetration of the oral, vaginal, or anal orifices, or who have experienced prolonged manual contact. Previously, we asked for swabs only if there was a chance of a body fluid that would yield DNA being deposited. Now, however, we can screen for male DNA from manual contact.

If a patient reports digital penetration, but no penile penetration, we are asking that you still collect swabs from the penetrated body cavity. If the patient reports an attempted strangulation, we are requesting neck swabs from anywhere the assailant's hands/fingers touched the neck (or, simply swab the entire neck—front and back, from under chin/hairline to collarbone/shoulders). These collections should be from areas where there was vigorous or prolonged contact, such as breasts (groping), wrists (restrained or pinned down manually) or neck (strangulation).

The swabbing technique remains the same; 4 dry swabs for the body cavity, and two damp swabs for the skin areas. Package each area separately; use the appropriate envelope for the body cavity swabs, and use an "Other" envelope for the skin swabs. Where "type of fluid suspected" is requested, write "digital penetration" for internal locations, and "manual contact" for external locations.

Normal pressure is all that is needed for collection—don't scrub the site!

Body Cavities = 4 dry swabs : Non-cavities = 2 damp swabs



SANE-A Courses in 2021

ISP remains committed to training nurses as SANEs to improve staffing for hospitals and organizations that see the patient who has been sexually assaulted. To that end, we have scheduled seven SANE-A courses across the state this year. If you, or someone you know, is interested in attending, please contact Deb at 208-884-7286 or by email at deborah.wetherelt@isp.idaho.gov and provide your name, credentials (BSN, RN, etc.), mailing address, phone number, and email. You will be provided course information about one month before the course begins. There is **NO CHARGE** for the course.

Coeur d'Alene	April 12-16, 2021
Lewiston	April 26-30, 2021
Idaho Falls	July 12-16, 2021
Rupert	August 2-6, 2021
Boise	August 16-20, 2021
Salmon	September 13-17, 2021
Coeur d'Alene	November 1-5, 2021

We hope you can join us for one of the classes! Social distancing has been considered in planning of the classes.

New Crime Victims Compensation Forms!!

Effective March 1, 2021 (NOW!) the Idaho Crime Victims Compensation Program (CVCP) will be requiring the use of a NEW Sexual Assault Reimbursement Form to pay for sexual assault examinations. The new form can be found at:

<http://www.crimevictimcomp.idaho.gov>

As of June 1, 2021 the old version of the form will not be accepted for reimbursement. Please replace old forms.

Program Spotlight

Anne Wardle is the Coordinator for the Ada County Community SAFE Team in Boise. SAFE began as an official program through the Saint Alphonsus' Emergency Department in 1996. After several years of serving the community the program was relocated to the FACES building on 6th Street in Boise in 2006.

St. Luke's joined Saint Alphonsus in support of the SAFE program in 2006, with each healthcare organization shouldering 50% of the financial responsibility for the program.

FACES also houses several other community resources, including the Boise Special Victim's Unit, Advocacy agencies, and the CARES program, which serves children who have suffered abuse and/or assault.

Nurses from St. Alphonsus and St. Luke's staff the SAFE program, taking call for a minimum of five 12-hour shifts each month to respond to sexual assaults in addition to their primary jobs at each hospital. Nurses work in the Emergency Department, Labor and Delivery, Cardiovascular ICU, Critical Care, and the ICU.

Anne is pleased to have increased the number of RNs on staff from eight, when she took over a year ago, to 10, with two others in training. The new nurses will train for a four to six month period before taking call alone.

SAFE provides SANE exams and exams for victims of Interpersonal Violence (IPV) and the nurses are well versed in the assessment of strangulation—a condition Anne says the program is, unfortunately, seeing more of. Additionally, patients can receive prophylaxis for sexually transmitted infection and emergency pregnancy contraception.

The SAFE program is pleased to partner with the Adult Follow-Up Clinic and CARES to provide patient follow-up for HIV consultation or testing/treatment, injury follow-up, or other medical needs. If a patient needs to be seen for medical need at time of the SANE exam Dr. King or the Nurse Practitioner from one of the programs is often able to step in and assist.

Anne is excited that the Ada County EMS has begun a program where they can transport a patient directly to SAFE for a Domestic Violence exam if the patient doesn't need medical intervention and doesn't have transportation, or needs to bring their children with them for an exam.

The SAFE program is a busy one, seeing about 200 patients a year; although 2021 is on track to see more than that if the current rate continues. While no one wants to see these numbers, we are fortunate to have the SAFE program available for the community when needed!

SANE Clinical Skills Days in 2021

The Domestic Violence and Sexual Assault Center in Idaho Falls (DVSAC) will be offering two 2-day Clinical Skills Days for providers who have completed the 40-hour Sexual Assault Nurse Examiner Course and who need hands-on practice.

The courses will be May 14 & 15 and Oct. 15 & 16 from 8:00 a.m. until 5:00 p.m. Attendees will be divided into groups and rotate through exam rooms to perform forensic history-taking, head-to-toe examination, speculum exams using live models, forensic photography, and documentation pointers.

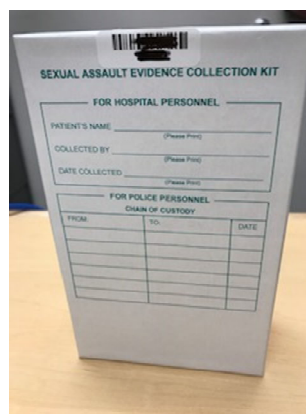
Cost for the course is \$400 per person; discounts may be offered for more than 8 registrants from one organization.

To register, look for the events on Eventbrite, or contact Emily Mangas, Program Manager at DVSAC at 517-745-9242 or by email at emangus@co.bonneville.id.us

Links to the Eventbrite sites:

<https://www.eventbrite.com/e/adultadolescent-clinical-skills-training-sanese-nurses-tickets-127058608719>

<https://www.eventbrite.com/e/copy-of-adultadolescent-clinical-skills-training-sanese-nurses-tickets-127062488323>



Need to Order Sexual Assault Kits??

Simply send an email to R3lab@isp.idaho.gov; tell them how many kits you need and the address to send them to, and they will arrive shortly!

No Azithromycin??

The CDC has issued new guidelines for the treatment of gonorrhea, using Doxycycline rather than Azithromycin—the CDC has said there is currently no change in the recommendation for prophylaxis after sexual assault.